DRXC Membership and Adult Lesson Form

2019-2020

Online membership registration is available via the club website <u>www.drxc.ca</u>. Note: Jackrabbit registration is online only at <u>www.drxc.ca</u>. Jackrabbits are automatically club members.

Please complete this form in full.

1. Contact Information

Family Name(s)

| Home Address | | | PO Box No. | Town | | Postal Code | |
|--|---|-------------|--|--|--|--|--|
| E-mail | | | | Phone | : | | |
| 2. <u>Membership Fees</u> *Special half-price memberships for new adult members and for adults who have not been members since 2014-2015 season (welcome back!) **Birthdate information required by Cross Country Canada | | | 5 and under: Ages 6-12: Ages 13-19: Returning adu New adults*: | free \$20 \$25 ts: \$70 \$35 | Adult Instruction Classic Technique Jan 5 & 12. New members free; others \$20 | Interested in learning Skate Technique? Yes/No | I, the Participant and/or Parent/Guardian, have read and agree to be bound by the waiver below. Parent or Guardian must sign for skier under 19. |
| Names of all skiers Gender | | Birthdate** | ↓ ↓ | ↓ ↓ | * | under 19. | |
| Last Name | First Name | M/F | dd/mm/yy | ↓ | ¥ | • | Signature |
| | | | | | | | |
| | | Tota | l each column | \$ | \$ | | |
| | ort by the Town of Development by the Town of Development | ep River | Donation (always welcome) | \$ | * | <u> </u> | |
| U U | efully acknowledged. | | Total Payment | \$ | | Date | |

3. Volunteer Opportunities

I am willing to volunteer for (please circle):

Jackrabbits, Trail Clearing or Projects, Trail Grooming, Executive

Make cheques payable to "DRXC" and mail to PO Box 999, Deep River, ON K0J 1P0.

DRXC Waiver 2019-2020

 This is a binding legal agreement. As a Participant in the sport of cross-country skiing and the programs, activities and events of Cross Country Canada including all of its registered Divisions and Clubs, the Canadian Snowsports Association (hereinafter called CCC/CSA), the Deep River Cross Country Ski Club (hereinafter called DRXC), and the Four Seasons Conservancy (hereinafter called FSC), which include without limitation cross-country skiing competitions, camps, clinics, and related activities such as roller-skiing, road cycling, running and hiking (hereinafter called the Activities), the Participant and/or the Parent/Guardian of the Participant (hereinafter called the Parties), acknowledge and agree to the following terms:

Description of Risks

- 2. The Participant is participating voluntarily in the **Activities**. In consideration of the Participant's participation in the **Activities** sanctioned by one or more of **CCC/CSA**, the **Parties** hereby acknowledge that they are aware of the risks, dangers and hazards associated with or related to the **Activities**, and may be exposed to such risks, dangers and hazards. The risks, dangers and hazards include, but are not limited to, injuries from:
 - training whether indoor or outdoor including strength training, running, hiking, and cycling;
 - overusing, exerting and stretching various muscle groups and strenuous cardiovascular workouts;
 - vigorous physical exertion, rapid movements and quick turns and stops;
 - falling to the ground due to slips, trips or uneven, slippery or irregular terrain or surfaces;
 - contact, colliding or being struck by skis, ski poles, equipment, trees, other individuals or other fixed objects;
 - failing to participate within one's abilities, skill and within designated areas;
 - becoming lost or separated from the group or the group becoming split up;
 - failure to properly use any piece of equipment or from the mechanical failure of any piece of equipment;
 - extreme weather conditions which may result in frostbite, hypothermia, snowstorms, sunstroke or lightning strikes;
 - encounters with animals or plants including allergic reactions;

travel to and from training, competitive events and associated non-competitive events which are an integral part of **Activities**; and other risks normally associated with participation in the **Activities**.

3. Furthermore, the Parties are aware:

- a) that injuries sustained may be severe, paralyzing or fatal;
- b) that the Participant may experience anxiety or embarrassment while challenging themselves during the activities, events and programs of CCC/CSA,
- c) that the risk of injury is reduced if the Participant follows all rules established for participation; and
- d) that the risk of injury increases as the Participant becomes fatigued.

Disclaimer

4. In consideration of CCC/CSA accepting the Participant's application for membership in the DRXC or allowing the Participant to participate, the **Parties** agree that CCC/CSA, DRXC and FSC and their respective directors, officers, committee members, members, employees, volunteers, participants, agents and representatives are not responsible for any injury, personal injury, damage, property damage, expense, loss of income or loss of any kind suffered by the Participant during, or as a result of, any of the Activities sanctioned by one or more of CCC/CSA, DRXC and FSC, caused by the risks, dangers and hazards associated with the Activities.

Acknowledgement

- 5. The **Parties** confirm that:
 - a) the Participant's physical condition is sufficient to allow participation in the sport of cross-country skiing and the activities, events and programs of **CCC/CSA**;
 - b) they have been provided sufficient information about **Activities** and the associated risks and hazards so that they are aware of the effect of this agreement;
 - c) the Participant agrees to abide by the Rules and Regulations imposed by CCC/CSA, DRXC and FSC in association with the Activities, and to follow the instructions of the officials during the Activities; and
 - d) they have read this agreement understand it, have executed this agreement voluntarily, and that this agreement is to be binding upon the **Parties**, their heirs, executors, administrators and representatives.
- 6. In addition, the **Parties**:
 - a) authorize **CCC/CSA**, to collect and use personal information about the **Parties** which relates in any way to the **Activities**, including without limitation the publication of photographs in newsletters and promotional materials, and the posting of photographs, videos, articles, rosters, statistics, images and results on the **CCC/CSA** and **DRXC** websites;
 - b) grant permission to CCC/CSA, to photograph and/or record the **Parties** image and/or voice, and to use this material to promote CCC/CSA, through any form of and agree that the audio/visual material and copyright will remain the sole property of CCC/CSA, and waive any claim to remuneration for use of audio/visual materials used for these purposes; and
 - c) understand that they may withdraw such consent at any time by contacting Cross Country Canada at 403-678-6791. Cross Country Canada will advise the implications of such withdrawal.

We do not sell or distribute your personal information to any other third party not listed herein.