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|  **DRXC Membership and Adult Lesson Form** **2020-2021**Online membership registration is available via the club website [www.drxc.ca](http://www.drxc.ca/).Note: Jackrabbit registration is online only at [www.drxc.ca](http://www.drxc.ca/). Jackrabbits are automatically club members.**Please complete this form in full and return it by email (****info@drxc.ca****) or by mail to P.O. Box 999, Deep River, ON K0J 1P0 .**Payment can be made via:* **Cheque:** Please make cheques payable to “DRXC”
* **Interac e-transfer:** please make payments to info@drxc.ca (include your surname and “membership” in the message)
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### 1. Contact Information

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| **Family Name(s)** |
| **Home Address** | **P.O. Box No.** | **Town** | **Postal Code** |
| **E-mail** | **Phone** |

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| 2. Membership Fees**New Adults**These are first time members or those who have not been a DRXC member since 2015/16.**Family Membership**We have introduced a new membership type for families. The whole family can register for a fixed fee of $104, plus $18 per individual, provided all are related and live at the same address.\*\*Gender and birthdate information required by Nordiq Canada | **5 and under:** free**Ages 6-12:** $20**Ages 13-19:** $25**Ages 20-25:** $35**Adults:** $70**New adults:** $35**Family:** $104 + $18 / ind. | Adult Instruction Classic TechniqueJan 10, 17, 24. New members free; others $20 | Interested in learning Skate Technique? Yes/No | I, the Participant and/or Parent/Guardian, have read and agree to be bound by the waiver below.**Parent or Guardian must sign for skiers under 19.** |  |
| **Names of all skiers** | **Gender\*\*** | **Birthdate\*\*** dd/mm/yy | **** | **** | **** |  |  |
| **** | **** | **** |  |  |
| Last Name | First Name | M/F | **** | **** | **** | **Signature** |  |
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| **Total each column** | $ | $ |  |  |  |
| *Financial support by the Town of Deep River through the Deep River Community Grantis gratefully acknowledged.* | **Donation** (always welcome) | $ |  |  |  |  |
| **Total Payment** | $ |  | Date |  |  |  |
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| **3. Volunteer Opportunities**I am willing to volunteer for (please circle): Jackrabbits, Trail Clearing, Trail Projects, Trail Grooming, Adult Instruction, Executive |

**DRXC Waiver 2020-2021 ng**

**this document you will assume ca**

1. This is a binding legal agreement. As a Participant in the sport of cross-country skiing and the programs, activities and events of **Nordiq Canada including all of its registered Divisions and Clubs, the Canadian Snowsports Association** (hereinafter called **NC/CSA**), the **Deep River Cross Country Ski Club** (hereinafter called **DRXC**), and the **Four Seasons Conservancy** (hereinafter called **FSC**), which include without limitation cross-country skiing competitions, camps, clinics, and related activities such as roller-skiing, road cycling, running and hiking (hereinafter called the **Activities**), the Participant and/or the Parent/Guardian of the Participant (hereinafter called the **Parties**), acknowledge and agree to the following terms:

**Description of Risks**

2. The Participant is participating voluntarily in the **Activities**. In consideration of the Participant’s participation in the **Activities** sanctioned by one or more of **NC/CSA**, the **Parties** hereby acknowledge that they are aware of the risks, dangers and hazards associated with or related to the **Activities**, and may be exposed to such risks, dangers and hazards. The risks, dangers and hazards include, but are not limited to, injuries from:

1. training whether indoor or outdoor including strength training, running, hiking, and cycling;
2. overusing, exerting and stretching various muscle groups and strenuous cardiovascular workouts;
3. vigorous physical exertion, rapid movements and quick turns and stops;
4. falling to the ground due to slips, trips or uneven, slippery or irregular terrain or surfaces;
5. contact, colliding or being struck by skis, ski poles, equipment, trees, other individuals or other fixed objects;
6. failing to participate within one’s abilities, skill and within designated areas;
7. becoming lost or separated from the group or the group becoming split up;
8. failure to properly use any piece of equipment or from the mechanical failure of any piece of equipment;
9. extreme weather conditions which may result in frostbite, hypothermia, snowstorms, sunstroke or lightning strikes;
10. encounters with animals or plants including allergic reactions;
11. travel to and from training, competitive events and associated non-competitive events which are an integral part of **Activities**; and other risks normally associated with participation in the **Activities**.

**3. Furthermore, the Parties are aware:**

a) that injuries sustained may be severe, paralyzing or fatal;

b) that the Participant may experience anxiety or embarrassment while challenging themselves during the activities, events and programs of **NC/CSA**,

c) that the risk of injury is reduced if the Participant follows all rules established for participation; and

d) that the risk of injury increases as the Participant becomes fatigued.

**Disclaimer**

4. In consideration of **NC/CSA** accepting the Participant’s application for membership in the **DRXC** or allowing the Participant to participate, the **Parties** agree that **NC/CSA**, **DRXC** and **FSC** and their respective directors, officers, committee members, members, employees, volunteers, participants, agents and representatives are not responsible for any injury, personal injury, damage, property damage, expense, loss of income or loss of any kind suffered by the Participant during, or as a result of, any of the **Activities** sanctioned by one or more of **NC/CSA**, **DRXC** and **FSC**,caused by the risks, dangers and hazards associated with the **Activities**.

**Acknowledgement**

5. The **Parties** confirm that:

a) the Participant’s physical condition is sufficient to allow participation in the sport of cross-country skiing and the activities, events and programs of **NC/CSA**;

b) they have been provided sufficient information about **Activities** and the associated risks and hazards so that they are aware of the effect of this agreement;

c) the Participant agrees to abide by the Rules and Regulations imposed by **NC/CSA**, **DRXC** and **FSC** in association with the **Activities**, and to follow the instructions of the officials during the **Activities**; and

d) they have read this agreement understand it, have executed this agreement voluntarily, and that this agreement is to be binding upon the **Parties**, their heirs, executors, administrators and representatives.

6. In addition, the **Parties**:

a) authorize **NC/CSA**, to collect and use personal information about the **Parties** which relates in any way to the **Activities**, including without limitation the publication of photographs in newsletters and promotional materials, and the posting of photographs, videos, articles, rosters, statistics, images and results on the **NC/CSA** and **DRXC** websites;

b) grant permission to **NC/CSA**, to photograph and/or record the **Parties** image and/or voice, and to use this material to promote **NC/CSA**, through any form of and agree that the audio/visual material and copyright will remain the sole property of **NC/CSA**, and waive any claim to remuneration for use of audio/visual materials used for these purposes; and

c) understand that they may withdraw such consent at any time by contacting Cross Country Canada at 403-678-6791. Cross Country Canada will advise the implications of such withdrawal.

 **We do not sell or distribute your personal information to any other third party not listed herein.**