

DRXC Chalet Use Protocol, Winter 2021-2022

2021 Dec. 2

Purpose

This document provides procedures for using the Deep River Cross Country Ski Club (DRXC) chalet that meet current COVID-19 guidance provided by the Government of Canada [1], the Province of Ontario through the Renfrew County District Health Unit (RCDHU) [2], Cross Country Ski Ontario (XCSO) [3], and Nordiq Canada [4].

Scope

The requirements and guidelines provided here apply to users of the chalet under the provincial and RCDHU COVID-19 control procedures in effect as of 2021 December 2.

Mandatory Requirements

Screening for Potential Infection

All users of DRXC facilities (indoor and outdoor) should screen themselves before arrival, and the Ontario Ministry of Health provides a self-assessment tool [7] for this purpose. Alternatively, users can screen themselves outside the chalet using the RCDHU poster titled "STOP COVID-19".

Under current provincial regulations [5], before members can enter the chalet the club must record the results of the screening, along with the member's name, their contact information, and arrival and departure times.

Proof of Vaccination

In addition to the screening, entry to the chalet requires proof of vaccination from people who are 12 years of age or older. Note, however, that proof of vaccination is not required from people under 18 who are active participants in an organized sport. DRXC must record that proof of vaccination (or a legitimate exemption) was provided, along with the screening and contact information. These records must be kept secure for 30 days and then destroyed.

Physical Distancing and Mask Use

Users of DRXC facilities should maintain physical distancing (> 2 m separation from others who are not part of your household cohort) whenever possible, both inside the chalet and outdoors.

You must wear a mask or face covering in a manner that covers the nose, mouth, and chin when inside the chalet. A mask or face covering should also be worn outdoors when physical distancing is not possible and you are not actively participating in the sport.

Indoor Actions

High-touch surfaces inside the chalet must be disinfected at least daily on any day that the chalet is used.

People must be seated when removing their mask or face covering to consume food and drink in the chalet. If you are serving food or drinks to unmasked people who are not members of your household

the Ontario regulations require that you wear eye protection (a face shield or goggles) as well as a mask or suitable face covering.

Enter through the door facing Balmer Bay Road and exit through the door facing the woodshed.

Chalet Occupancy Limits

If all occupants are fully vaccinated, the maximum number of people (wearing acceptable face coverings) in the DRXC chalet is 30 people (per the Ontario Fire Code). It is, however, recommended that occupancy be kept below 10 people to maintain physical distancing as much as possible.

Recommendations

Practice good hand hygiene. Alcohol-based hand sanitizer and paper towels are provided in the chalet. Avoid touching your eyes, nose, and mouth unless you have just cleaned your hands.

Cover your cough or sneeze with a tissue and then clean your hands; if that isn't possible, cough or sneeze into your arm.

Chalet Cleaning

Disinfect the following surfaces when you open the chalet:

1. the door handles and push areas on the doors
2. the surface of the tables
3. high-touch surfaces of chairs (chair backs and the edges of chair seats).
4. the handles on the stove door, axe, and the stove tools.
5. The garbage can lid.

Record the cleaning on the log sheet.

Outhouse Use

The outhouse is posted as "Use at your own risk". Please wear a mask inside the building. Hand sanitizer is provided.

References

- [1] Public Health Agency of Canada, Risk mitigation tool for outdoor recreation spaces and activities operating during the COVID-19 pandemic (Rev. 2021-08-09), <https://health.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/guidance-documents/reducing-covid-19-risk-community-settings-tool-operators.html>.
- [2] Renfrew County and District Health Unit, Covid-19 Guidance for Sports and Recreational Facilities (2021 Nov. 2), <https://www.rcdhu.com/wp-content/uploads/2021/11/Sports-and-Recreational-Facilities-Guidance-Documents-Nov-2021-FINAL.pdf>.
- [3] Cross Country Ski Ontario, Ontario Safe Return to Sport Protocol Ver 4 (2021 Sept. 17), <https://xcskiontario.ca/wp-content/uploads/2021/09/COVID-19-XCSO-Return-to-Sport-Protocol-V4.pdf>.

- [4] Nordiq Canada, Return to Play Framework (2021 Oct. 5) <https://covid.nordiqcanada.ca/return-to-play/>.
- [5] Government of Ontario, O. Reg. 364/20: Rules for Areas at Step 3 and at the Roadmap Exit Step, <https://www.ontario.ca/laws/regulation/200364>.
- [6] Government of Ontario Ministry of Health, Proof of Vaccination Guidance for Businesses and Organizations under the Reopening Ontario Act (Ver. 3 2021 Oct. 15), https://www.health.gov.on.ca/en/pro/programs/publichealth/coronavirus/docs/guidance_proof_of_vaccination_for_businesses_and_organizations.pdf.
- [7] Government of Ontario, COVID-19 Self-Assessment, <https://covid-19.ontario.ca/self-assessment/>

Collection of Information for DRXC Group Event Participants

Group Event: _____ Date: _____

Record the participants' first and last name, contact information (phone number or email address or street address), verification of successful completion of the COVID-19 screening questionnaire, verification of their proof of vaccination (or exemption therefrom), and arrival and departure times. This record must be kept secure for 30 days and then destroyed.

Name	Phone # or Alternate Contact Info	Arrival Time	Screening Pass	Proof of Vaccination or exemption	Departure Time
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			<input type="checkbox"/> Yes	<input type="checkbox"/> Yes	
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