



January News from the Deep River Cross Country Ski Club

PLEASE COME TO OUR DRXC OPEN HOUSE

SUNDAY, JANUARY 31

On Sunday, January 31, from 1:00 to 3:30 pm, the Deep River Cross Country Ski Club is hosting an Open House at their chalet on Balmer Bay Road just past the hospital.

The club is celebrating their \$50,000 grant from the Ontario Trillium Foundation for new trail-grooming equipment. Both club members and the public are invited.

Ross Meadowcroft will lead a waxing clinic from 1:00 to 2:00. This is geared for average skiers who want to get the most out of their classic skis. Bring your questions and your own skis too, if you wish. This is a golden opportunity to learn the Meadowcroft secret formula for enjoyable skiing!

The official presentation ceremony with representatives from the Ontario government, OTF, the town and the club will be held at 2:00 behind the chalet.

At 2:30 the Ski Rally starts. This is a fun event for all ages and abilities. It challenges skiers to find answers to club-related questions hidden along the ski trails. Participants can choose between a 1 km or 4 km course. For those reluctant to venture out on their own, there will be a guided group to join.

All afternoon everyone is invited to drop into the chalet for refreshments and to view the new equipment. If the weather is suitable, all activities will be held outdoors so dress warmly. There is no charge for any of the events nor is it necessary to register - just show up and join in the fun!



The DRXC gratefully acknowledges the financial support of the [Ontario Trillium Foundation](#), an agency of the Government of Ontario. In partnership with the Deep River Community Association, the DRXC was awarded a grant for new grooming equipment.

GROOMING

Grooming certainly has its "ups and downs" at the moment. Lovely new equipment, but not enough snow to use it properly! For the latest grooming reports for our Silver Spoon trails, you can check Barrie Greiner's blog at <http://drxcfasttraks.blogspot.com/>.

RACES, RACES, RACES

There are lots of options coming up in the next few weeks for skiers and spectators:

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| <i>Sunday January 31</i> | Tay Valley Loppet, near Perth. http://tayvalleyskiclub.wordpress.com |
| <i>Sunday January 31</i> | Pembroke and Area Ski Club skating races. http://paxc.blogspot.com/ |
| <i>Thursday, February 4</i> | Mackenzie Invitational Races at DRXC (loops M, S and H) |
| <i>Saturday and Sunday, February 6 and 7</i> | Silver Spoon Ski-fest.
http://bright-ideas-software.com/silverspoon/ |
| <i>Wednesday, February 10</i> | Senior Games 5km Prediction Race. You only have to be age 55! |

SILVER SPOON SKI-FEST

The 38th annual Silver Spoon ski race is coming up soon on Saturday February 6, 2009. The race starts at 11am at St. Mary's school. A wide range of events are available for all ages and skill levels such individual classical technique races, a fun participation mass start race starting a 1:00pm and ski-skate sprint races starting at 1:45pm. Registration forms are due by Friday January 29th. Orienteering takes place on Sunday from the chalet. We hope to see everyone there.

RENFREW COUNTY SENIOR GAMES

The Renfrew County Senior Games, with assistance from the DRXC, will be holding their first ever Nordic ski event on the DRXC trails on Wednesday, February 10, starting at 1:00 pm. The registration fee is \$15.00, a portion of which will go to the club.

The event will be a 5 km prediction race on the R and X loops. Predict your time in advance, and then ski at your own speed without a watch. Closest prediction wins!

DRXC club members have already answered the call for volunteers. Now all that is needed are participants. If you are 55+ come on out and join the fun. Entry forms are available in the town hall lobby and at the DRXC chalet. Entries close on February 2.

BIRDS AND THEIR CALLS

The Four Seasons Conservancy invites you to their upcoming AGM, followed by a special presentation of "Birds and their Calls." This challenges you to identify local birds by sound and sight. The photos are all recent ones by Ray Metcalfe. They feature our winter birds first, then the first spring arrivals, followed by the annual flood of forest-dwelling songbirds through May. Many make their homes in the Four Seasons Forest Sanctuary. Bring a pencil to note how many you recognize. Hear about where you can find them.

The event will be held in the Deep River Library meeting room, Friday 29 January at 7 pm. All are welcome.

During the AGM portion of the evening you will hear a little about the Four Seasons Conservancy and its recent work. This includes completion of a local Moths Study, ongoing clean-up of the Ottawa River shoreline, promotion of snowshoeing and orienteering, and our liaisons with the Deep River and District Community Foundation, the Town, the Cross-Country Ski Club.

If you haven't already discovered the wonderful winter trail network emanating from the DRXC Chalet on Balmer Bay Road, come and pick up a map. If you can't wait for spring, come and listen to the birds. Above all, enjoy Nature; enjoy the Four Seasons.

<http://www.drxc.ca>

As always, our website is the continuing source for news and information about our programs, facilities, executive, trail maps, and links to other ski organizations.

From your DRXC Executive:

Cheryl Rhodes	President
Bruce Heinmiller	Past-President
Phil Davis	Vice-President
Eric Hagberg	Secretary
Wally Kalechstein	Treasurer
Carol White	Membership

